
YEAR'S BEST

Winnipeg Pain Treatment Centre

Winnipeg Pain Treatment Centre, which opened its new commercial location last November, offers relief to people suffering from many types of pain. The clinic, located in Southdale Centre, provides massage and laser therapy treatments.



“Low-intensity laser therapy (LILT) is the use of monochromatic light emission—light energy—to treat conditions such as carpal tunnel syndrome, musculoskeletal injuries, arthritis, fibromyalgia and inflammation,” founder Merrilyn Irvine explains. “The treatment is painless, safe and very effective in stimulating the body’s natural healing process.”

Merrilyn Irvine Winnipeg Pain Treatment Centre is the city’s first massage therapy clinic to offer laser therapy through Meditech’s Bioflex series of Low Intensity Laser Therapy systems. Irvine points out that the system is Health Canada approved and is enthusiastically endorsed by W. Gifford-Jones, M.D., whose medical column appears weekly in the Winnipeg Free Press.

In one of his columns, Dr. Gifford-Jones described how laser therapy relieved his pain from two ruptured disks and spinal stenosis, a condition which had him literally crawling on his hands and knees. He reported that after less than a week of laser therapy treatments, he felt significantly better. Subsequently, he was able to return to work completely pain-free just four weeks later.

Irvine started the Winnipeg Pain Treatment Centre in June 2007 after the former civil servant experienced incredible relief from severe pain she had suffered for over fifteen years, as a result of fibromyalgia.

“I thought I’d try it after I saw the positive effects laser treatment had on my sister, who also suffered with chronic pain. I, myself have been relatively pain-free since. It gave me my life back,” she notes.

Irvine had a intense desire to start her own business in the alternative health care industry and she believed that LILT was something that could increase the quality of many people’s lives.

She began in-depth internet research of medical journals and concluded that low intensity laser therapy was completely safe and could produce incredible results.

Meditech International developed and engineered the



Meditech’s Bioflex Professional Laser Therapy System

Bioflex Laser System which is now available to patients in Canada, U.S.A., Europe, South America and Asia.

Irvine concluded that the BioFlex Low Intensity Laser Therapy System from Meditech International was the most advanced and sophisticated therapeutic device on the market. She reports that there has been a 90% improvement/cure rate in over 1 million applications to date. Patients, including members of the Toronto Raptors and Miami Heat of the NBA, the Toronto Maple Leafs and the Toronto Blue Jays have received successful treatment with the Bioflex Professional System.

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This past year Irvine hired registered massage therapists Laura MacIntosh, Tracey Girling and Lindsay Rennick, who have all received LILT Certification from Meditech International in Toronto.



A Winnipeg Pain Treatment Centre therapist alleviates this patient’s pain by applying low-intensity laser therapy to her arthritic hand.

MacIntosh is a graduate of the Massage Therapy College of Manitoba and specializes in deep-tissue massage and sports injuries.

Girling is a Professional Institute of Massage Therapy graduate and specializes in deep-tissue massage and lymphatic drainage therapy. Rennick is a graduate of the Massage Therapy College of Manitoba and specializes in deep-tissue and Swedish Massage.

“Complete information about LILT is available on our website,” Irvine adds. “This treatment is recent to Winnipeg. The future potential is limitless. At Winnipeg Pain Treatment Centre our goal is to provide an atmosphere of healing. We want to help people live happy, healthy and pain-free lives.”

www.winnipegpainreatmentcentre.com